



Dear Windsurf Clinic participant:

Thank you for joining us on Moose Pond at Wyonegonic Camps for the Windsurf Instructor clinic 2009. I want to introduce myself, let you know how to contact me and reinforce the contents of the course.

We have two different Windsurf Instructor Courses in June 2009.

- **Monday June 8th 9:00AM – Wednesday June 10th 5:00PM:** This course is three days in length and will include “Introduction to Windsurfing.” This will provide you with instruction on the basics of windsurfing, equipment and rigging. After the introduction section, the course will cover teaching methods and general safety elements for teaching windsurfing.
- **Thursday June 11th 9:00AM – Friday June 12th 5:00PM:** This course is designed for experienced windsurfers who are already familiar with basic windsurfing techniques, equipment and rigging. You will dive right into teaching methods and the safety portion of the course.

It is expected that you are a strong swimmer and qualified to teach a waterfront activity. We will have a brief swim evaluation at the beginning of the course. We strongly recommend that all windsurf instructors are certified Lifeguards. You should expect to have additional in-service training on safety, emergency plans, and rescue procedures specific to your own camp during your staff training. Experience or training driving a motorized boat is also recommended, although once again each camp will vary in their equipment and rescue procedures.

The surroundings at Wyonegonic are scenic to say the least. The cabins are rustic (no electricity) and toilet & shower facilities are located separate from the living quarters. Camp has provided you with a list of travel items that you will need. I remind you that you will be out and about in the natural surroundings and swimming in a fresh water lake during the clinic, which is incredibly beautiful, but has the potential to be COLD in June. We will be providing wetsuits for you but if you have your own we recommend you bring it along.

In addition to the items that camp recommends for your stay, please make sure you have the following:

- 2-3 Bathing suits & 2-3 Towels as we will be getting wet multiple times each day
- If you have your own WET SUIT; bring it along. We will have an assortment on location available for you to borrow for those who do not bring their own.
- Raingear and Warm clothes. The weather can be unpredictable in the spring and we have to be prepared in case it's "not quite" summer.
- Non-aerosol bug repellent and sunscreen
- Sunglasses and a hat – as sun protection
- Notebook or note paper and writing instruments

We will provide you with the necessary handouts and teaching aids for the course. There will not be a written test or performance exam to pass. Upon completion of the course, you will receive a certificate indicating you have attended the 2009 Wyonegonic Camps Windsurf Instructor Clinic which will include comments and feedback on your skills and teaching ability.

Feel free to contact me at any time with any course related questions. My email is gonewiththewind@gwi.net

I look forward to seeing you in June,

Mike Gerstner
Gone With the Wind

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INFORMATION FOR YOUR TRAINING INSTRUCTOR

Please complete one form for each training clinic that you are attending and return to
Wyonegonic via mail or email

NAME _____

TRAINING CLINIC _____

What will be your responsibilities this summer?

What do you hope to gain from this Training Clinic?

Describe your experience – (ie: competition, school, camp, recreational...):

Explain your prior teaching experience (if any):

Estimate your strengths in regard to the activity you are training for – please be specific:

Estimate your weaknesses in regard to the activity you are training for – please be specific: